

# DENTAL BLUE<sup>®</sup> ENHANCED DENTAL BENEFITS

We're uniquely positioned to analyze claims data and identify members who might benefit from this total health solution: a program for members with qualifying medical conditions that may require increased oral care. Our Enhanced Dental Benefits offer additional, specific support, including full coverage for preventive and periodontal services that have been connected to improved overall health.

## Good Oral Health Leads to Better Overall Health

Patients who visit a dentist regularly tend to be in better overall health. This is especially important for people with certain medical conditions. For example, treating periodontal disease can help control blood sugar in those with diabetes, reduce the risk of preterm delivery, and limit the severity of heart disease. Dentists can also detect early signs of oral cancer.

Condition	One cleaning or periodontal maintenance, 4 per calendar year <sup>1</sup>	Periodontal scaling, once per quadrant every 24 months <sup>1</sup>	Oral cancer screening, twice per calendar year	Fluoride treatment, 4 per calendar year
DIABETES	✓	✓		
CORONARY ARTERY DISEASE	✓	✓		
STROKE	✓	✓		
PREGNANCY <sup>2</sup>	✓	✓		
ORAL CANCER	✓		✓	✓
SJÖGREN'S SYNDROME	✓		✓	✓
INTELLECTUAL AND/OR DEVELOPMENTAL DISABILITIES <sup>2,3</sup>	✓		✓	✓
MENTAL HEALTH CONDITIONS <sup>2,3</sup>	✓		✓	✓

1. Periodontal maintenance and scaling are available on plans that offer periodontal benefits. There must be at least three months between a periodontal maintenance cleaning and any other cleanings covered under your dental plan, including these Enhanced Dental Benefits.

2. Self-Enrollment is required for this condition. Employees can download the Enhanced Dental Benefits Enrollment Form at [bluecrossma.org/myblue/fast-forms](http://bluecrossma.org/myblue/fast-forms).

3. Intellectual and/or Developmental Disabilities and Mental Health Conditions are being added to benefits on renewal starting October 1, 2023.

**Note:** Certain dental plans cover preventive dental services and Enhanced Dental Benefits at different frequency intervals. Employees should check plan benefits to confirm coverage before scheduling dental services.

## Questions?

To learn more, contact your account executive.