

OPIOID ADDICTION RESOURCE SHEET

Worcester, MA

Current as of: 7/26/16

The City of Worcester cares about its community members that struggle with addiction and substance use disorders. The complex disease of addiction not only affects individuals every day but touches the lives of family, friends, and entire communities. Worcester and its surrounding communities are fortunate to have robust substance abuse treatment services located throughout the city that work tirelessly to help get people on the road to recovery. Below please find a list of services and their contact information available to Worcester residents.

In case of Overdose or Emergencies CALL 911

NARCAN DISTRIBUTORS: AIDS Project Worcester – 508-755-3773

DETOX SERVICES:

AdCare Hospital – 1-800-345-3552 ext. 4300 or 3010 Community HealthLink – 1-800-750-9009 Spectrum Health Systems – 1-508-898-1570, ext. 2100

METHADONE TREATMENT: Spectrum Health Systems – 1-508-898-1570, ext. 2100

SUBOXONE TREATMENT: 866-973-4373

OUTPATIENT SERVICES: AdCare Hospital – 508-453-3053 Community HealthLink – 508-860-1260 Spectrum Health Systems – 1-508-898-1570, ext. 2100

SUPPORT GROUPS:

Alcoholics Anonymous – 508-752-9000 Everyday Miracles Peer Recovery – 508-799-6221 Narcotics Anonymous – 1-866-624-3578

Do you want to become more involved?

- Join the Regional Response to Addiction Partnership! (for more information email or call Bryan Diehl at <u>diehlb@worcesterma.gov</u>, 774-502-7027)
- Ride in the Rally 2 Recovery on August 13, for more information visit <u>www.rally2recovery.com</u>
- Join us on August 31, at 5:30 PM on the Worcester Common for an Overdose Awareness Vigil to mourn the loss of overdose victims in our city and worldwide
- Join us for the Walk to Celebrate Recovery on September 25th at 11 AM on the Worcester Common

REHAB and TREATMENT HELPLINES:

Alcohol and Drug Hotline – 800-821-4357 Health Helpline – 800-272-4232 Hunger hotline – 617-523-7010 MA Substance Abuse Information Hotline – 1-800-327-5050 National Drug and Alcohol Treatment – 800-662-HELP Poison Control – 800-682-9211 Safe Link Hotline – 877-785-2020 Samaritans (suicide help line) – 508-875-4500 UMass Emergency Mental Health – 508-856-3562 United Way – 211

Web-based Resources:

Substance Free Worcester: https://substancefreeworcester.org/ Learn-to-Cope: http://learn2cope.org/resources/ Massachusetts Department of Public Health: http://Mass.gov/StateWithoutStigMA MA Substance Abuse Information: http://helpline-online.com/ Recovery Month 2016 (September) https://recoverymonth.gov/

SUPPORT FOR FAMILY MEMBERS:

Learn to Cope: <u>www.learn2cope.org</u> Al-anon Family Groups: <u>http://ma-al-anon-alateen.org</u> GRASP: <u>http://grasphelp.org</u>